



CONSIDERATIONS FOR INTERPRETING AND TRANSLATING EPIDEMIOLOGIC RESEARCH IN NUTRITION AND ENVIRONMENTAL HEALTH

5 Dicembre 2024, dalle 15:00 alle 17:00

Modalità di erogazione: a distanza

Docente: Prof. Rita Strakovsky

Rita Strakovsky is an Associate Professor of Human Nutrition at Michigan State University (USA). Rita's research focuses on various modifiable lifestyle and environmental factors that can be targeted to protect maternal and child health. Specifically, her work has focused on evaluating associations of endocrine disrupting chemicals with maternal sex-steroid hormones and metabolic disruption in pregnancy. Rita's recent work leverages findings from these studies to also understand the implications of chemical exposures for women's health after pregnancy. As a Registered Dietitian with expertise in maternal nutrition, Rita also works extensively to understanding the roles of maternal diet quality in pregnancy outcomes. She is especially interested in diet as a source of environmental chemicals and in investigating whether high quality diets can mitigate environmental chemical exposures.